



# Healthcare Workers' Foundation

FURTHER SUPPORT AND INFORMATION

*Updated August 2024*

ORGANISATION	SUPPORT OFFERED	WEBSITE
<b>GENERAL FINANCIAL ASSISTANCE &amp; ADVICE</b>		
<a href="#">Turn2Us</a>	Grants, advice and support for all	<a href="https://www.turn2us.org.uk/">https://www.turn2us.org.uk/</a>
<a href="#">National Benevolent Charity</a>	Provides financial support to all experiencing poverty at a time of crisis including small grants to individuals	<a href="https://www.natben.org.uk/">https://www.natben.org.uk/</a>
<a href="#">Al-mizan Charitable Trust</a>	Financial support for UK families facing difficult financial circumstances	<a href="https://www.almizantrust.org.uk/">https://www.almizantrust.org.uk/</a>
<a href="#">Friends of the Elderly</a>	Provides grants to older people living on low incomes. To be eligible you must: <ul style="list-style-type: none"><li>· Be of state retirement age</li><li>· Live in England or Wales</li><li>· Be managing on a low income with savings of less than £4,000</li></ul> Not be living in a residential care home	<a href="https://www.fote.org.uk/our-charity-work/grants-2/">https://www.fote.org.uk/our-charity-work/grants-2/</a>
<a href="#">Hardship Fund</a>	Government fund to help low paid workers who are victims of crime	<a href="https://www.gov.uk/guidance/the-hardship-fund-a-guide">https://www.gov.uk/guidance/the-hardship-fund-a-guide</a>
<a href="#">Linking Help with Hope</a>	Helps those living on very low incomes, receiving the appropriate welfare benefits and who have exhausted all other funding sources including statutory funding, occupational, local and specialist charities. Eligible applicants must present with a physical or diagnosed mental health condition, learning disability, or be a carer for an adult or child with a disability. One-off grants of up to £300 available as well as other forms of assistance	<a href="https://lhh.org.uk/what-we-do/">https://lhh.org.uk/what-we-do/</a>
<a href="#">Lightning Reach</a>	For those struggling with money issues who may need support such as finding grants, benefits or help with bills and local schemes. Lightning Reach portal enables a search and apply for support from multiple providers quickly and easily	<a href="https://www.lightningreach.org/application-portal?referral=google&amp;gclid=EAlaQobChMI4PfDjK64-">https://www.lightningreach.org/application-portal?referral=google&amp;gclid=EAlaQobChMI4PfDjK64-</a>

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<a href="#">National Debtline</a>	Debt advice and support	<a href="https://nationaldebtline.org/">https://nationaldebtline.org/</a>
<a href="#">Find Your Credit Union</a>	A much more affordable way to help people get out of debt other than using expensive credit cards/loan shark schemes. Credit unions are an affordable way to loan oney and could offer more flexible terms than mainstream lenders. Use this website to check what is available in your area as many are area-specific schemes	<a href="https://www.findyourcreditunion.co.uk/">https://www.findyourcreditunion.co.uk/</a>
<a href="#">Ask Bill</a>	Free, impartial, advice and help with water, energy and debt problems as well as advice on how to manage finances and make savings	<a href="https://www.askbill.org.uk/">https://www.askbill.org.uk/</a>
<a href="#">St Martin in the Fields Charity</a>	Supports frontline workers across the UK with grants to prevent eviction and homelessness and helps with accommodation	<a href="https://www.smitfc.org/">https://www.smitfc.org/</a>
<a href="#">Step Change</a>	Debt advice and support	<a href="https://www.stepchange.org/debt-info/free-and-face-to-face-debt-advice/national-debtline.aspx">https://www.stepchange.org/debt-info/free-and-face-to-face-debt-advice/national-debtline.aspx</a>
<a href="#">The Skinner's Company Atwell Charity</a>	Financial support for young people from low-income backgrounds	<a href="https://www.skinners.org.uk/charities/scf/young-people/">https://www.skinners.org.uk/charities/scf/young-people/</a>
<a href="#">Government Benefits</a>	Benefits advice and links to application	<a href="https://www.gov.uk/browse/benefits">https://www.gov.uk/browse/benefits</a>
<b>FINANCIAL SUPPORT FOR SPECIFIC ISSUES</b>		
<a href="#">Macmillan Cancer Support</a>	Grants and support for people living with cancer	<a href="https://www.macmillan.org.uk/">https://www.macmillan.org.uk/</a>
<a href="#">Terence Higgins Trust</a>	Grants and support for people living with HIV	<a href="https://www.tht.org.uk/our-services/living-well-hiv/hardship-fund">https://www.tht.org.uk/our-services/living-well-hiv/hardship-fund</a>
<a href="#">Vicar's Relief Fund</a>	Provides crisis grants to individuals at risk of, or currently experiencing, homelessness	<a href="https://smitf.flexigrant.com/">https://smitf.flexigrant.com/</a>

FINANCIAL SUPPORT FOR NURSING STAFF		
<a href="#"><u>Junius S Morgan Benevolent Fund</u></a>	Supports nurses and midwives in need of financial assistance. In partnership with the Cavell Trust, also supports a Domestic Abuse Fund	<a href="https://www.juniusmorgan.org.uk/">https://www.juniusmorgan.org.uk/</a>
<a href="#"><u>RCN Foundation</u></a>	Supports nursing, midwifery and social care staff with provision of grants for hardship, education and research. Applicants do not need to be a RCN member to access this support	<a href="https://rcnfoundation.rcn.org.uk/home">https://rcnfoundation.rcn.org.uk/home</a>
<a href="#"><u>Cavell Nurses Trust</u></a>	Financial hardship grants to support UK registered nurses. Also offers digital resources and advice from its Support Hub to healthcare assistants/support workers, but not financial assistance.	<a href="https://cavell.org.uk/get-support/eligible-for-help/">https://cavell.org.uk/get-support/eligible-for-help/</a>
<a href="#"><u>The Queen's Nursing Institute</u></a>	Support for working and retired nurses. Hardship and educational grants as well as a listening service	<a href="https://qni.org.uk/support-for-nurses/">https://qni.org.uk/support-for-nurses/</a>
<a href="#"><u>The 1930 Fund for District Nurses</u></a>	Support for all community nurses in need, hardship and distress (inc. district nurses, psychiatric nurses, learning disability nurses, midwives, health visitors, school nurses and other registered nurses who have undertaken specialist nurse education to work in the community) - both working and retired - with advice and specific financial assistance for utility bills, domestic appliances and household repairs	<a href="https://1930fundfornurses.org/">https://1930fundfornurses.org/</a>
SUPPORT FOR HOSPITAL DOCTORS AND GPs		
<a href="#"><u>Royal Medical Benevolent Fund</u></a>	Assists doctors, medical students and their families. Provides financial support, money advice and information when needed due to over state retirement aged, ill-health, disability or bereavement or because your work has been affected by Covid-19. Regular monthly grants may be provided to help with essential day-to-day living costs, back to work awards, purchase of specialist equipment or help with disability adaptations for home or car	<a href="https://rmbf.org/">https://rmbf.org/</a>
<a href="#"><u>The Cameron Fund – The GPs' own charity</u></a>	Solely supports GPs and their dependents at times of financial need, whether through ill-health, disability, death or loss of employment. Also helps those who are already suffering from financial hardship and those who are facing it. Help includes grants, interest-free loans, money advice, assistance with education and student grants	<a href="https://cameronfund.org.uk/">https://cameronfund.org.uk/</a>
<a href="#"><u>BMA Charities</u></a>	Supports doctors and medical students. Can supply: one-off grants to unemployed doctors for essential items; one-off grants to working doctors in financial hardship for help with GMC retention fee and professional indemnity insurance; grants to refugee and asylum-seeking doctors to meet their medical exam fees; money advice for any doctor in financial difficulty. Also provides help from The Dain Fund with the education and support of the children of medical practitioners, particularly from refugee doctors. It does not help with childcare costs for working doctors	<a href="https://bmacharities.org.uk/">https://bmacharities.org.uk/</a>

<a href="#"><u>Royal Medical Foundation (RMF)</u></a>	Assistance for registered doctors and their families in financial hardship. Can provide: regular payments to widows, widowers and their children; one-off grants when emergency help is required; in exceptional circumstances, assistance with school fees for their children to maintain educational stability at times of distress caused by illness, bereavement or financial need in their family	<a href="http://www.royalmedicalfoundation.org/do-i-qualify/">http://www.royalmedicalfoundation.org/do-i-qualify/</a>
<a href="#"><u>BMA Wellbeing Directory</u></a>	A wealth of support for doctors and medical students can be found in the Directory, including: Counselling: 0330 123 1245 Peer Support: <a href="http://bma.org.uk/yourwellbeing">bma.org.uk/yourwellbeing</a>	<a href="https://www.bma.org.uk/media/7775/bma-wellbeing-support-services-directory-update-august-2023-v3.pdf?_ga=1*bjwye7*_up*MQ..*_ga*Nzg5NDIyNDMyLjE3MDYwMDkwNjI.*_ga_F8G3Q36DDR*MTcwNjAwOTA2MS4xLjAuMTcwNjAwOTA2MS4wLjAuMA..">https://www.bma.org.uk/media/7775/bma-wellbeing-support-services-directory-update-august-2023-v3.pdf?_ga=1*bjwye7*_up*MQ..*_ga*Nzg5NDIyNDMyLjE3MDYwMDkwNjI.*_ga_F8G3Q36DDR*MTcwNjAwOTA2MS4xLjAuMTcwNjAwOTA2MS4wLjAuMA..</a>
<a href="#"><u>Practitioner Health Programme</u></a>	NHS service providing links to help for mental health issues, bereavement, burnout and physical issues	<a href="https://www.practitionerhealth.nhs.uk/">https://www.practitionerhealth.nhs.uk/</a>
<a href="#"><u>Help me, I'm a doctor</u></a>	A site that helps to provide financial support for doctors and their families via independent charities (all shown on this Resource sheet) by allowing the doctor to complete a short questionnaire about their circumstances to see which charity might best be able to help them	<a href="https://doctorshelp.org.uk/">https://doctorshelp.org.uk/</a>
<b>SUPPORT FOR CARE WORKERS</b>		
<a href="#"><u>The Care Workers' Charity</u></a>	Offers crisis grants and other help as well as dedicated grants in certain areas of the country	<a href="https://www.thecareworkerscharity.org.uk/crisis-grant/">https://www.thecareworkerscharity.org.uk/crisis-grant/</a>
<b>SUPPORT FOR SOCIAL WORKERS</b>		
<a href="#"><u>Social Workers' Benevolent Trust</u></a>	Offers financial help to social workers and their dependents in times of hardship: e.g. sickness, bereavement, family difficulties or sudden catastrophe. Small monetary grants only	<a href="https://www.swbt.uk/">https://www.swbt.uk/</a>
<b>SUPPORT FOR AMBULANCE STAFF</b>		
<a href="#"><u>The Ambulance Staff Charity</u></a>	Provides a range of services to support mental health, physical rehabilitation and financial wellbeing - including grants - for the UK's ambulance staff and their families, students and ambulance service volunteers	<a href="https://www.theasc.org.uk/">https://www.theasc.org.uk/</a>

<a href="#">London Ambulance Service Benevolent Fund</a>	A fund for members to provide support and assistance for the relief of severe financial hardship and/or unforeseen circumstances outside of the individual's control such as loss of pay due to prolonged sickness, caring for a dependent, sudden death or happenings that may create severe hardship	<a href="http://benfund.london/benefits/">http://benfund.london/benefits/</a>
<b>SUPPORT FOR RADIOGRAPHERS</b>		
<a href="#">The Society of Radiographers</a>	Help for members, former members and their dependents in times of hardship or distress	<a href="https://www.sor.org/about/society-of-radiographers/benevolent-fund">https://www.sor.org/about/society-of-radiographers/benevolent-fund</a>
<b>SUPPORT FOR PHYSIOTHERAPISTS</b>		
<a href="#">The Physiotherapy Benevolent Fund</a>	Supports past and present members of the CSP who are experiencing financial difficulty or hardship	<a href="https://pbf.csp.org.uk/content/about-pbf">https://pbf.csp.org.uk/content/about-pbf</a>
<b>SUPPORT FOR UNION MEMBERS</b>		
<a href="#">Unite the Union</a>	Medical trade union representing junior doctors, GPs and hospital consultants; members receive the legal, financial and professional support and benefits of Unite	<a href="https://doctorsinunite.com/">https://doctorsinunite.com/</a> <b>and</b> <a href="https://www.unitetheunion.org/">https://www.unitetheunion.org/</a>
<a href="#">Unison (Trade Union)</a>	Provides information and support on employment rights and key issues affecting people in the workplace and at home. Financial assistance available for members experiencing a range of issues including: loss of income, relationship breakdown, bereavement, long-term illness, equipment to help with a disability, caring for someone with special needs or an illness. Financial assistance can help with: general living costs, household appliances, urgent repairs, disability equipment & adaptations; utility bills and funeral costs	<a href="https://www.unison.org.uk/get-help/services-support/there-for-you/financial-assistance/">https://www.unison.org.uk/get-help/services-support/there-for-you/financial-assistance/</a>
<a href="#">Community Union</a>	For Community Union members in health and social care. Provides hardship grants	<a href="https://community-tu.org/how-we-help/financial-support/hardship-fund/">https://community-tu.org/how-we-help/financial-support/hardship-fund/</a>
<b>SUPPORT FOR FAMILIES AND CARERS</b>		
<a href="#">Family Fund</a>	Grants for parents/carers of a disabled or seriously-ill child	<a href="https://www.familyfund.org.uk/">https://www.familyfund.org.uk/</a>
<a href="#">Family Action</a>	Provides practical, emotional and financial support to those who are experiencing poverty, disadvantage and social isolation across the country	<a href="https://www.family-action.org.uk/">https://www.family-action.org.uk/</a>
<a href="#">Family Holiday Charity</a>	Providing holidays for those families on very low incomes with children under 18 and who haven't had a holiday together in the last 4 years	<a href="https://familyholidaycharity.org.uk/">https://familyholidaycharity.org.uk/</a>

<a href="#">Ogilvie Charities</a>	Provides grants towards household equipment for those in acute poverty, and breaks and carers	<a href="https://www.ogilviecharities.org.uk/">https://www.ogilviecharities.org.uk/</a>
<a href="#">Care for Carers</a>	Provides advice and support for carers	<a href="https://www.careforcarers.org.uk/support/counsel-and-care">https://www.careforcarers.org.uk/support/counsel-and-care</a>
<b>SUPPORT FOR LESS ABLE PEOPLE</b>		
<a href="#">The Hospital Saturday Fund</a>	Provides assistance for registered health charities, medial organisations and individuals with a medical condition or disability. Can provide individuals with the purchase of specialised equipment or forms of treatment such as mobility equipment, hearing and vision aids, orthopaedic beds, mattresses and pillows, riser chairs; home adaptations such as walk-in showers and access ramps; therapies such as acupuncture, chiropractic treatment, physiotherapy	<a href="https://hospitalsaturdayfund.org/">https://hospitalsaturdayfund.org/</a>
<a href="#">Florence Nightingale Aid in Sickness</a>	Provides life-enhancing grants to help people of all ages in need who are ill, convalescent or disabled – such as medical and household aids to alleviate sickness and increase people’s ability to manage at home and live as independently as possible	<a href="https://home.fnaist.org.uk/">https://home.fnaist.org.uk/</a>
<a href="#">Independence at Home</a>	Helps people with physical disabilities and mental health conditions and their families and carers with essential equipment, breaks, home repairs	<a href="https://independenceathome.org.uk/">https://independenceathome.org.uk/</a>
<b>SUPPORT FOR BEREAVEMENT</b>		
<a href="#">Mind</a>	Information and how to get support and suggestions for helping yourself and others through grief	<a href="https://www.mind.org.uk/information-support/guides-to-support-and-services/berereavement/useful-contacts/">https://www.mind.org.uk/information-support/guides-to-support-and-services/berereavement/useful-contacts/</a>
<a href="#">Cruse</a>	Providing support, understanding grief and coping in the workplace	<a href="https://www.cruse.org.uk/">https://www.cruse.org.uk/</a>
<b>SUPPORT FOR MENTAL HEALTH</b>		
<a href="#">Clare &amp; Me</a>	Mental health support via accessible calls, WhatsApp and SMS	<a href="https://www.clareandme.com/?gclid=EAlaIqObChMI-fe746q4-gIV44BQBh3sIAirEAMYAiAAEgILd_D_BwE">https://www.clareandme.com/?gclid=EAlaIqObChMI-fe746q4-gIV44BQBh3sIAirEAMYAiAAEgILd_D_BwE</a>
<a href="#">Give Us A Shout</a>	Confidential text support with mental health issues	<a href="https://giveusashout.org/">https://giveusashout.org/</a>

<a href="#">Mental Health At Work</a>	24-hour mental health support for all frontline staff	<a href="https://www.mentalhealthatwork.org.uk/ourfrontline/">https://www.mentalhealthatwork.org.uk/ourfrontline/</a>
<a href="#">Mind</a>	Mental health support for everyone	<a href="https://www.mind.org.uk/get-involved/supported-self-help/?gclid=EAlaIQobChMI-fe746q4-gIV44BQBh3sIAirEAAyAAEgLYAvD_BwE">https://www.mind.org.uk/get-involved/supported-self-help/?gclid=EAlaIQobChMI-fe746q4-gIV44BQBh3sIAirEAAyAAEgLYAvD_BwE</a>
<a href="#">Kooth</a>	Free online mental health community	<a href="https://www.kooth.com/">https://www.kooth.com/</a>
<a href="#">Samaritans</a>	Mental health support and listening service for everyone	<a href="https://www.samaritans.org/how-we-can-help/contact-samaritan/">https://www.samaritans.org/how-we-can-help/contact-samaritan/</a>
<a href="#">Able Futures</a>	Mental health support for people at work or on an apprenticeship	<a href="https://able-futures.co.uk/individuals">https://able-futures.co.uk/individuals</a>
<a href="#">Rethink Mental Illness</a>	Mental health support	<a href="https://www.rethink.org/aboutus/">https://www.rethink.org/aboutus/</a>
<a href="#">Young Minds</a>	Free mental health support for young people	<a href="https://www.youngminds.org.uk/">https://www.youngminds.org.uk/</a>
<a href="#">Childline</a>	Support for young people aged 19 and under	<a href="https://www.childline.org.uk/">https://www.childline.org.uk/</a>
<b>GENERAL RESOURCES FOR SUPPORT AND INFORMATION</b>		
<a href="#">The Society for the Assistance of Medical Families (SAMF)</a>	<p><b>Assists members</b> with immediate practical and financial support such as: help with unexpected expenses during financial hardship; help with further education, particularly medical degrees; retraining expenses; home improvements and disability adaptations not covered by State Benefits; money advisor help and assistance with rearranging finances; vouchers for household expenses where there is a temporary reduction in income leading to difficulty in cost-covering; help with expenses of courses and exams to enable those in financial difficulty to progress in their career.</p> <p><b>For non-members:</b> prioritises short-term financial assistance for items that will help either with a return to work after illness or to help people remain in the profession, which may include referral to a money advisor, vouchers for household expenses or help with course and exam fees to enable progression for those in financial difficulty</p>	<a href="https://www.samf.org.uk/">https://www.samf.org.uk/</a>

<a href="#">NHS England</a>	Wealth of information and links for: National Discounts; Household discounts and offers; Supermarket loyalty schemes; Pre-owned items; Help for households; Advice and guidance; Travel; Grocery costs; Childcare advice; Finance advice and Grant funding and financial support; mental health support	<a href="https://www.england.nhs.uk/supporting-our-nhs-people/support-now/financial-support/supporting-our-staff-to-help-money-go-further/-finances">https://www.england.nhs.uk/supporting-our-nhs-people/support-now/financial-support/supporting-our-staff-to-help-money-go-further/-finances</a>
<a href="#">NHS Wales</a>	Wealth of information and links for those working in the NHS in Wales and Social Care Wales including: Physical wellbeing; Financial wellbeing; Health resources; Helplines; Bereavement; Suicide; Trauma; Loneliness; Links to other regulatory bodies; Feeling safe at home; Long Covid; BAME	<a href="https://heiw.nhs.wales/support/colleague-health-and-wellbeing/">https://heiw.nhs.wales/support/colleague-health-and-wellbeing/</a>
<a href="#">National Wellbeing Hub (Scotland)</a>	A national hub for all those working in health, social care and social work in Scotland. Covering: Mental health; Financial wellbeing; Physical wellbeing; Psychologically safe workplaces; Supporting staff wellbeing; Responding to emergencies and a wealth of other issues, information and advice	<a href="https://wellbeinghub.scot/">https://wellbeinghub.scot/</a>
<a href="#">Public Health Agency (N Ireland)</a>	Website has a staff health and wellbeing resources section covering: Mental and Physical health; Psychological wellbeing; Looking after your family; Support for others with learning difficulties as well as a number of downloads and links to other resources	<a href="https://www.publichealth.hscni.net/covid-19-coronavirus/guidance-hsc-staff-healthcare-workers-and-care-providers/staff-health-and-0">https://www.publichealth.hscni.net/covid-19-coronavirus/guidance-hsc-staff-healthcare-workers-and-care-providers/staff-health-and-0</a>
<b>MEMBERSHIP BODIES</b> The membership bodies for various branches of healthcare. Most do not offer financial support but have a wealth of professional information and advice for their field of medicine and links to further resources		
<a href="#">The Academy of Medical Royal Colleges</a>	The membership body for UK & Ireland's 24 royal medical colleges and faculties. Doesn't provide assistance to individuals but has wealth of information and pointers to other areas and websites	<a href="https://www.aomrc.org.uk/about-us/">https://www.aomrc.org.uk/about-us/</a>
<b>PROFESSIONAL BODIES: MEDICAL COUNCILS AND ORGANISATIONS</b>		
<a href="#">British Medical Association</a>	Wealth of information, support - including negotiating and campaigning - for UK doctors and medical students, but no grant support	<a href="https://www.bma.org.uk/">https://www.bma.org.uk/</a>
<a href="#">Nursing &amp; Midwifery Council</a>	Independent regulator for nurses and midwives in the UK. Does not offer support	<a href="https://www.nmc.org.uk/about-us/">https://www.nmc.org.uk/about-us/</a>
<a href="#">General Pharmaceutical Council</a>	Regulates pharmacists, pharmacy technicians and pharmacies in UK. Does not offer support	<a href="https://www.pharmacyregulation.org/about-us">https://www.pharmacyregulation.org/about-us</a>



<a href="#">The British Psychological Society</a>	Member body. Does not offer grants but is currently campaigning for investment in vital mental health and wellbeing support for NHS and social care staff	<a href="https://www.bps.org.uk/">https://www.bps.org.uk/</a>
<a href="#">Royal College of Nursing</a>	Offers help with understanding the benefits system, managing money and advice on money worries including debt advice via the RCN Welfare Service	<a href="https://www.rcn.org.uk/About-us">https://www.rcn.org.uk/About-us</a>
<a href="#">Chartered Society of Physiotherapy</a>	Member body. Does not offer grants but has a wealth of information on the site for the profession	<a href="https://www.csp.org.uk/about-csp">https://www.csp.org.uk/about-csp</a>
<a href="#">Hospital Consultants and Specialists Association</a>	Trade union solely for hospital doctors, excluding GPs. Campaigns and offers support and advice, including financial, but not grant assistance	<a href="https://www.hcsa.com/">https://www.hcsa.com/</a>
<a href="#">The Society and College of Radiographers</a>	Site for members only	<a href="https://www.sor.org/">https://www.sor.org/</a>
<b>PROFESSIONAL BODIES: THE ROYAL COLLEGES</b>		
<a href="#">Royal College of Podiatry</a>	Does not offer support but information for members and those thinking of joining the profession	<a href="https://rcpod.org.uk/">https://rcpod.org.uk/</a>
<a href="#">Royal College of Anaesthetists</a>	Web page pointing to selection of general and profession-specific resources for doctors experiencing problems in their personal or working life. Can only be accessed by members of the College	<a href="https://www.rcoa.ac.uk/">https://www.rcoa.ac.uk/</a>
<a href="#">Royal College of Emergency Medicine</a>	Site for members of the RCEM; does not offer support	<a href="https://rcem.ac.uk/">https://rcem.ac.uk/</a>
<a href="#">Royal College of General Practitioners</a>	Has a GP wellbeing section, which has a wealth of information and links to specific areas of concern and help	<a href="https://www.rcgp.org.uk/">https://www.rcgp.org.uk/</a>
<a href="#">Royal College of Obstetricians and Gynaecologists</a>	Site for members of the RCOG. Has a comprehensive Wellbeing Resources Hub on the site but does not offer financial support: <a href="https://www.rcog.org.uk/careers-and-training/starting-your-og-career/workforce/supporting-our-doctors/wellbeing-resources-hub/">https://www.rcog.org.uk/careers-and-training/starting-your-og-career/workforce/supporting-our-doctors/wellbeing-resources-hub/</a>	<a href="https://www.rcog.org.uk/">https://www.rcog.org.uk/</a>
<a href="#">Royal College of Ophthalmologists</a>	Member organisation that promotes and supports the ophthalmic profession in the UK and overseas. Does not offer wellbeing support	<a href="https://www.rcophth.ac.uk/">https://www.rcophth.ac.uk/</a>

<a href="#">Royal College of Paediatrics and Child Health</a>	Site for members. Has a wellbeing support area for doctors with references for further support with mental health, disability, neurodivergent doctors, bullying and harrasment, but does not offer financial help itself: <a href="https://www.rcpch.ac.uk/resources/where-go-help-support-doctors-wellbeing">https://www.rcpch.ac.uk/resources/where-go-help-support-doctors-wellbeing</a>	<a href="https://www.rcpch.ac.uk/">https://www.rcpch.ac.uk/</a>
<a href="#">Royal College of Pathologists</a>	Membership and governing body for the profession. Does not offer wellbeing support	<a href="https://www.rcpath.org/">https://www.rcpath.org/</a>
<a href="#">Royal College of Physicians</a>	Membership and governing body for the profession. Does not offer wellbeing support	<a href="https://www.rcplondon.ac.uk/">https://www.rcplondon.ac.uk/</a>
<a href="#">The Royal Society of Medicine</a>	For members, a provider of continuing learning for healthcare professionals. Does not offer wellbeing support	<a href="https://www.rsm.ac.uk/">https://www.rsm.ac.uk/</a>
<a href="#">Royal College of Surgeons of England</a>	Mentoring; no hardship assistance	<a href="https://www.rcseng.ac.uk/">https://www.rcseng.ac.uk/</a>
<a href="#">Royal College of Surgeons of Edinburgh</a>	Governing body of surgeons providing education, assessment and development for the profession at all career stages. Does not offer wellbeing support	<a href="https://www.rcsed.ac.uk/">https://www.rcsed.ac.uk/</a>
<a href="#">Royal College of Physicians of Edinburgh</a>	Governing body and membership to assist qualified doctors pursue their careers in specialist medicine. Does not offer wellbeing support	<a href="https://www.rcpe.ac.uk/">https://www.rcpe.ac.uk/</a>
<a href="#">Royal College of Physicians and Surgeons of Glasgow</a>	Membership of health professionals to advance the profession and improve patient care. Membership organisation representing physicians, surgeons, dental surgery, travel and podiatric medicine. Does not offer wellbeing support	<a href="https://rcpsg.ac.uk/">https://rcpsg.ac.uk/</a>
<a href="#">Royal College of Psychiatrists</a>	Professional medical body responsible for supporting psychiatrists throughout their careers. Does not offer wellbeing support	<a href="https://www.rcpsych.ac.uk/">https://www.rcpsych.ac.uk/</a>
<a href="#">Royal College of Radiologists</a>	Professional medical body responsible for supporting radiologists throughout their careers. Does not offer wellbeing support	<a href="https://www.rcr.ac.uk/">https://www.rcr.ac.uk/</a>
<b>PROFESSIONAL BODIES: FACULTIES OF BRANCHES OF MEDICINE</b>		
<a href="#">Faculty of Intensive Care Medicine</a>	Professional and statutory body for doctors who lead critical care services, advanced critical care practitioners and critical care pharmacists. Does not offer grant support	<a href="http://www.ficm.ac.uk/">http://www.ficm.ac.uk/</a>
<a href="#">Faculty of Occupational Medicine</a>	Governing body for occupational health. Has some wellbeing advice but does not offer wellbeing support as such	<a href="https://www.fom.ac.uk/">https://www.fom.ac.uk/</a>

<a href="#"><u>Faculty of Pharmaceutical Medicine</u></a>	Charity and professional membership body for the advancement of science and practice of pharmaceutical medicine. Does not offer wellbeing support	<a href="https://www.fpm.org.uk/"><u>https://www.fpm.org.uk/</u></a>
<a href="#"><u>Faculty of Sport &amp; Exercise Medicine (UK)</u></a>	Professional medical body responsible for supporting excellence in musculoskeletal medicine, exercise medicine and team care. Does not offer wellbeing support	<a href="https://www.fsem.ac.uk/"><u>https://www.fsem.ac.uk/</u></a>