



Healthcare  
Workers' Foundation

It's time to go the distance for healthcare workers...

**STEP UP**

**FOR**

**H·W·F**

**30 DAYS**

**10,000 STEPS A DAY**

**ZERO FUNDRAISING TARGET**

**FREE TO ENTER**

✉ [rosie@healthcareworkersfoundation.org](mailto:rosie@healthcareworkersfoundation.org) for more information and to register



[www.healthcareworkersfoundation.org](http://www.healthcareworkersfoundation.org)

Registered charity number: 1189737



Registered with  
FUNDRAISING  
REGULATOR